## Western Watauga Community Center

## January 2025

| Mon   | Tue                                 | Wed  | Thu  | Fri   |
|---|-------------------------------------|--|--|---|
|   |                                     | 1 CLOSED  Japoy New Jear   | 2<br>Lap Quilting 9a<br>Bridge 10a<br>Community Meal<br>4p   | 3<br>Sewing 9a<br>BINGO 9:45a<br>Weaving<br>Workshop 10a    |
| 6 Poetry 10a Bone Builders 10:30a             | 7<br>Woodcarving 9a<br>Weaving 10a  | 8 Pottery 9a Knitting 9a Bridge 10a Bone Builders 10:30a           | 9 Lap Quilting 9a Bridge 10a HHC Food Give Out 4p  | Sewing 9a BINGO 9:45a Weaving 10a Pelvic Health 11:30a      |
| Poetry 10a Bone Builders 10:30a               | 14<br>Woodcarving 9a<br>Weaving 10a | Pottery 9a<br>Knitting 9a<br>Bridge 10a<br>Bone Builders<br>10:30a | 16 Lap Quilting 9a Bridge 10a Community Meal 4p  | Sewing 9a BINGO 9:45a Weaving 10a Hot & Cold Rice Packs 10a |
| 20 CLOSED  MARTIN LUTHER KING * DAY*          | 21<br>Woodcarving 9a<br>Weaving 10a | Pottery 9a Knitting 9a Bridge 10a Bone Builders 10:30a             | 23 Lap Quilting 9a Bridge 10a HHC Food Give Out 4p   | 24<br>Sewing 9a<br>BINGO 9:45a<br>Weaving 10a               |
| Poetry 10a Bone Builders 10:30a BRAHM Art 12p | Woodcarving 9a Weaving 10a          | Pottery 9a Knitting 9a Bridge 10a Bone Builders 10:30a             | And the second s | 31<br>Sewing 9a<br>BINGO 9:45a<br>Weaving 10a               |



## Western Watauga Senior Center January 2025

Happy New Year! The center will be closed on Wednesday January 1st in observance of New Years. We will resume normal hours on Thursday January 2nd.

We will be closed on Monday January 20th in observance of Martin Luther King Jr Day. We will resume normal hours on Tuesday January 21st.

Hopscotch Primary Care will be hosting a hold and cold rice pack making class on Friday January 17th at 10am. Sign ups are located across from the main desk and all supplies will be provided. We hope you can join!

Susan Sharpe will be hosting her second BRAHM sponsored weaving workshop this month on Saturday January 11th and Saturday January 25th from 10a-3p. This is an intergenerational workshop and free of charge to anyone that wants to join. Come learn some great art techniques!

Join Kayla with BRAHM on Monday January 27th for our monthly BRAHM art program. This month, she will focus on abstract ink drawing for Robert Motherwell's birth month. Robert Motherwell was an American abstract expressionist painter and printmaker, born on January 24th, 1915. Come and celebrate his birth month by creating your own large abstract ink painting. This class is free of charge to registered senior center participants and all supplies are provided.

Community meals are served at the center every first and third Thursday. These meals are free for ANYONE in the community, regardless of age, and can be eaten here or taken to go. Free food products are given out every Thursday from 4-6pm as long as the center is open. If the weather is bad, food outreach may cancel. If you have questions about the food outreach program, please contact Molly or call the Hunger and Health Coalition at 828-262-1628. \*Subject to change\*

We've officially reached the cold season, and that means snow! If you have a question about the Project on Aging weather policy, please feel free to ask Molly or call 828-297-5195 and we can answer your questions. The Project on Aging will cancel lunch and meal delivery if the weather is unsafe. To find out if we're closed, check the closings and cancellations on Watauga Online, listen for them on the radio, or check the Lois E Harrill Senior Center Facebook for meal announcements. We will also make an all-call if we are able to make it to the office. If you are not receiving all-calls, please let Molly know so you can be added to the list. If it is unsafe for you to make it to the center because of the snow, don't try to come! Just call and let us know!

Contact Molly if you have questions about an upcoming class or event!

Molly Gilleskie, Senior Center Director

828-297-5195

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