

December 2024 WCRC Pickleball Clinics

Skills & Drills Clinics: Tuesdays & Thursdays, 1:00-2:20 pm

Pre-registration and pre-payment (\$5 for Watauga residents, \$7.50 for out-of-county residents) is required. These clinics are designed for 2.0-3.5 level players. Clinic topics are listed below.

Player's Choice Clinics: Fridays, 10:00-11:00 am

Pre-registration and pre-payment (\$5 for Watauga residents, \$7.50 for out-of-county residents) is required.

Beginner Clinics: Tuesdays, 2:30-3:30 pm & Saturdays, 10:00-11:00 am

Beginner clinics are free and require no pre-registration.

Beginner's Open Play / Coach Assisted: Saturdays, 9:00-10:00 am

Beginners learn the etiquette of Open Play including rotating partners and paddle stacking. Coaches will assist with rule enforcement and clarification. Free, no pre-registration.

TUESDAY, December 3: 1:00-2:20 pm

NEW: Skills & Drills: More Powerful Serves

A strong serve sets up a good point. Learn these 5 tips for injecting power and precision into your serve.

THURSDAY, December 5: 1:00-2:20 pm

NEW: Skills & Drills: Serve Topspin/Backspin

Come learn how to add topspin and/or "slice" to your serve. If you already have action on your serve, come practice and improve it.

TUESDAY, December 10: 1:00-2:20 pm

Skills & Drills: Refine Your Returns

We will drill deep, lofty returns & backhand returns, then we'll drill transitions to the NVZ.

THURSDAY, December 12: 1:00-2:20 pm

Skills & Drills: Third Shot Strategies

We will drill drives & drops, including when and where each choice is appropriate, as well as transitions to the NVZ.

TUESDAY, December 17: 1:00-2:20 pm

Skills & Drills: Fourth Shot Strategies

Come learn the best 4th shot strategies, including overhead smashes, "making room" at the NVZ for driving, & digging out a low, deep volley.

THURSDAY, December 19: 1:00-2:20 pm

Skills & Drills: Lions & Lambs

Learn to work your soft game AND your bang game. We will drill drop shots, resets off the drive, and play "Lion & Lamb" games.

TUESDAY, December 24: 1:00-2:20 pm

🎄🎄🎄 Christmas Eve 🎄🎄🎄

THURSDAY, December 26: 1:00-2:20 pm

Skills & Drills: Gold Standard Drill Set

This is the set you must have to get better as a pickleballer. Dinks, volleys, drops, serve-returns, and transitions.

TUESDAY, December 31: 1:00-2:20 pm

Skills & Drills: Switch Up Your Shots

We often get in the habit of hitting the same shots several times in a row, or hitting directly to our opponents. Today we'll do Figure 8s @ the Kitchen, 4 Dinks 4 Volleys, Accordions, and a B/Drop & F/Drive drill, too.

Got clinic requests? Ask Coach Lisa

LisaCreechBledsoe@gmail.com