

## November 25 - December 1, 2024

|   | (   | Pickleba   | all (   | Free Play             | Ow                 | CP&R Leag                                    | ues                    | ○ Volleyba  | all 🔵   | Basketball  | Re  | ental                | Fitnes   | S   |  |
|---|---|--|---|-----------------------|--------------------|--|------------------------|---|---|---|---|----------------------|----------|---|--|
|   | GYM 1   |  |   |                       |                    |  |                        |   | Gym 2   |   |   |                      |          |   |  |
|   | MON   | TUES   | WED   | THURS                 | FRI                | SAT  | SUN                    |   | MON   | TUES  | WED   | THURS                | FRI      | SAT   | SUN                                      |
| 6 AM  | 6am-8am   | 6am-8am  | 6am-8am   |                       |                    |  | 6 AM                   | 6am-8am   | 6am-8am   | 6am-8am   |   |                      |          |   |  |
| 7 AM  | Free Play   | Free Play  | Free Play   |                       |                    |  | 7 AM                   | Free Play   | Free Play   | Free Play   |   |                      |          |   |  |
| 8 AM  |   |  |   |                       |                    | 9am-10am<br>Open Play                        |                        | 8 AM  |   |   |   |                      |          |   |  |
| 9 AM  |   | 9am-1pm  | 9am-10am<br>Adult Open  |                       |                    | Beginners                                    |                        | 9 AM  |   |   | 9-10am Adult<br>Open Gym                                  |                      |          |   |  |
| 10 AM   | 9am-2pm<br>Adult Open   | Adult Open   | Gvm   |                       |                    | 10am-11am<br>Beginners 101                   |                        | 10 AM   | 9am-2pm<br>Adult Open   | 9am-2pm<br>Adult Open   | Pickleball  |                      |          | 9am-4pm   |  |
| 11 AM   | Gym   | Gym<br>Pickleball  | 10:30am-12:30   | CLOS                  | SED                | Pickleball Clinic                            |                        | 11 AM   | Gym   | Gym   | 10:30am-12:30   | CLOS                 | SED      | Adult Open  |  |
| 12 PM   | Pickleball  | PICKIEDAII   | pm 55+ Doubles<br>Round Robin   |                       |                    | 11.20  |                        | 12 PM   | Pickleball  | Pickleball  | pm 55+ Doubles<br>Round Robin                             |                      |          | Gym   |  |
| 1 PM  | 2 4000  | 1-2pm Skills &   | 1pm-3pm Age 65+<br>Round Robin  | FOI                   |                    | 11:30am-<br>5pm Adult                        | 12pm-5pm<br>Adult Open | 1 PM  |   |   | 1pm-3pm Age 65+<br>Round Robin                            | FO                   |          | Pickleball  | 12pm-5pm<br>Adult Open                   |
| 2 PM  | 2-4pm<br>Co-ed 3.5+   | Drills PB Clinic \$\$<br>2:30-3:30pm   |   | THANKS                | GIVING             | Open Gym                                     | Gym                    | 2 PM  | 2pm-5pm   | 2pm-5pm   |   | THANKS               | GIVING   |   | Gym                                      |
| 3 PM  | Pickleball  | Beginners 101 PB<br>Clinic   | 3-5pm Adult<br>Open Gym   |                       |                    | Pickleball                                   | Pickleball             | 3 PM  | Open Gym  | Open Gym<br>Basketball  | 3-5pm Adult<br>Open Gym                                   |                      |          |   | Pickleball                               |
| 4 PM  | Fam Cam   |  | Pickleball  |                       |                    | 5pm-8pm<br>Friends &                         |                        | 4 PM  | Basketball  |   | Pickleball  |                      |          |   |  |
| 5 PM  | 5pm-8pm<br>Youth  | 5pm-8pm<br>Youth   | 5pm-8pm<br>Adult Open   |                       |                    |  |                        | 5 PM  | 5pm-8pm<br>Youth  | 5pm-8pm<br>Youth  | 5pm-8pm<br>Adult Open                                     |                      |          | 4pm-8pm   |  |
| 6 PM  | Basketball  | Basketball   | Gym   |                       |                    | Family                                       |                        | 6 PM  | Basketball  | Basketball  | Gym   |                      |          | Free Play   |  |
| 7 PM  | Games   | Games  | Pickleball  |                       |                    | Pickleball                                   |                        | 7 PM  | Games   | Games   | Pickleball  |                      |          |   |  |
|   |   |  |   |                       |                    |  |                        |   |   |   |   |                      |          |   |  |
|   |   |  |   | GYM 3                 |                    |  |                        | 1   |   |   |   | GYM 4                |          |   |  |
|   | MON   | TUES   | WED   | GYM 3<br>THURS        | FRI                | SAT  | SUN                    |   | MON   | TUES  | WED   | GYM 4<br>THURS       | FRI      | SAT   | SUN                                      |
| 6 AM  | MON<br>6am-8am  | TUES<br>6am-8am  |   |                       | FRI                | SAT  | SUN                    | 6 AM  | MON   | TUES  | WED   |                      | FRI      | SAT   | SUN                                      |
| 6 AM<br>7 AM  |   | 6am-8am<br>Free Play   | 6am-  |                       | FRI                | SAT  | SUN                    | 6 AM<br>7 AM  | MON   | TUES  | WED   |                      | FRI      | SAT   | SUN                                      |
| 7 AM<br>8 AM  | 6am-8am<br>Free Play<br>8:30-9:15am   | 6am-8am<br>Free Play<br>8:30-9:30am  | 6am-<br>9:30am  |                       | FRI                | SAT  | SUN                    |   | MON   | TUES  | WED   |                      | FRI      | SAT   | SUN                                      |
| 7 AM<br>8 AM<br>9 AM  | 6am-8am<br>Free Play  | 6am-8am<br>Free Play   | 6am-  |                       | FRI                | SAT  | SUN                    | 7 AM<br>8 AM<br>9 AM  |   |   | WED   |                      | FRI      | SAT   | SUN                                      |
| 7 AM<br>8 AM<br>9 AM<br>10 AM   | 6am-8am<br>Free Play<br>8:30-9:15am<br>Cardio Sculpt  | 6am-8am<br>Free Play<br>8:30-9:30am<br>Functional<br>Fitness   | 6am-<br>9:30am<br>Free Play   |                       | FRI                | SAT  | SUN                    | 7 AM<br>8 AM  | 6am-3pm   | 6am-3pm   |   |                      | FRI      |   | SUN                                      |
| 7 AM<br>8 AM<br>9 AM<br>10 AM<br>11 AM  | 6am-8am<br>Free Play<br>8:30-9:15am<br>Cardio Sculpt  | 6am-8am<br>Free Play<br>8:30-9:30am<br>Functional  | 6am-<br>9:30am<br>Free Play   | THURS                 |                    |  | SUN                    | 7 AM<br>8 AM<br>9 AM<br>10 AM<br>11 AM  |   |   | 6am-5pm   | THURS                |          | 8am-5pm   | SUN                                      |
| 7 AM<br>8 AM<br>9 AM<br>10 AM<br>11 AM<br>12 PM   | 6am-8am<br>Free Play<br>8:30-9:15am<br>Cardio Sculpt<br>10:15-11am<br>Zumba<br>11-11:45am<br>Cardio Core  | 6am-8am<br>Free Play<br>8:30-9:30am<br>Functional<br>Fitness<br>9:30am-<br>3pm Free                                  | 6am-<br>9:30am<br>Free Play   | THURS                 | SED                | SAT  8am-5pm Free Play                       | SUN                    | 7 AM<br>8 AM<br>9 AM<br>10 AM<br>11 AM<br>12 PM   | 6am-3pm   | 6am-3pm   |   | THURS                | SED      |   |  |
| 7 AM<br>8 AM<br>9 AM<br>10 AM<br>11 AM<br>12 PM<br>1 PM   | 6am-8am<br>Free Play<br>8:30-9:15am<br>Cardio Sculpt<br>10:15-11am<br>Zumba<br>11-11:45am   | 6am-8am<br>Free Play<br>8:30-9:30am<br>Functional<br>Fitness<br>9:30am-  | 6am-<br>9:30am<br>Free Play<br>9:45-10:30am<br>Cardio Core                          | CLOS<br>FOI           | SED<br>R           | 8am-5pm                                      | SUN<br>12pm-5pm        | 7 AM<br>8 AM<br>9 AM<br>10 AM<br>11 AM<br>12 PM<br>1 PM   | 6am-3pm   | 6am-3pm   | 6am-5pm   | CLOS<br>FO           | SED<br>R | 8am-5pm<br>Basketball   | SUN  12pm-5pm Basketball                 |
| 7 AM<br>8 AM<br>9 AM<br>10 AM<br>11 AM<br>12 PM<br>1 PM<br>2 PM                                 | 6am-8am Free Play  8:30-9:15am Cardio Sculpt  10:15-11am Zumba 11-11:45am Cardio Core  12-3pm Free Play   | 6am-8am Free Play 8:30-9:30am Functional Fitness  9:30am- 3pm Free Play  | 6am-<br>9:30am<br>Free Play   | CLOS                  | SED<br>R           | 8am-5pm                                      |                        | 7 AM<br>8 AM<br>9 AM<br>10 AM<br>11 AM<br>12 PM<br>1 PM<br>2 PM                                 | 6am-3pm<br>Free Play  | 6am-3pm<br>Free Play  | 6am-5pm   | THURS                | SED<br>R | 8am-5pm<br>Basketball<br>Free Play (all                                 | 12pm-5pm                                 |
| 7 AM<br>8 AM<br>9 AM<br>10 AM<br>11 AM<br>12 PM<br>1 PM<br>2 PM<br>3 PM                         | 6am-8am<br>Free Play<br>8:30-9:15am<br>Cardio Sculpt<br>10:15-11am<br>Zumba<br>11-11:45am<br>Cardio Core  | 6am-8am<br>Free Play<br>8:30-9:30am<br>Functional<br>Fitness<br>9:30am-<br>3pm Free                                  | 6am-<br>9:30am<br>Free Play<br>9:45-10:30am<br>Cardio Core                          | CLOS<br>FOI           | SED<br>R           | 8am-5pm                                      | 12pm-5pm               | 7 AM<br>8 AM<br>9 AM<br>10 AM<br>11 AM<br>12 PM<br>1 PM<br>2 PM<br>3 PM                         | 6am-3pm   | 6am-3pm   | 6am-5pm   | CLOS<br>FO           | SED<br>R | 8am-5pm<br>Basketball<br>Free Play (all                                 | 12pm-5pm<br>Basketball                   |
| 7 AM<br>8 AM<br>9 AM<br>10 AM<br>11 AM<br>12 PM<br>1 PM<br>2 PM<br>3 PM<br>4 PM                 | 6am-8am Free Play 8:30-9:15am Cardio Sculpt 10:15-11am Zumba 11-11:45am Cardio Core 12-3pm Free Play 3-5:30pm WCMS Basketball                         | 6am-8am Free Play 8:30-9:30am Functional Fitness 9:30am- 3pm Free Play   | 6am-<br>9:30am<br>Free Play<br>9:45-10:30am<br>Cardio Core                          | CLOS<br>FOI           | SED<br>R           | 8am-5pm                                      | 12pm-5pm               | 7 AM<br>8 AM<br>9 AM<br>10 AM<br>11 AM<br>12 PM<br>1 PM<br>2 PM<br>3 PM<br>4 PM                 | 6am-3pm<br>Free Play<br>3-5:30pm<br>WCMS<br>Basketball                | 6am-3pm<br>Free Play  | 6am-5pm   | CLOS<br>FO           | SED<br>R | 8am-5pm<br>Basketball<br>Free Play (all                                 | 12pm-5pm<br>Basketball<br>Free Play (all |
| 7 AM<br>8 AM<br>9 AM<br>10 AM<br>11 AM<br>12 PM<br>1 PM<br>2 PM<br>3 PM<br>4 PM<br>5 PM         | 6am-8am Free Play 8:30-9:15am Cardio Sculpt 10:15-11am Zumba 11-11:45am Cardio Core 12-3pm Free Play 3-5:30pm WCMS Basketball 5pm-8pm                 | 6am-8am Free Play 8:30-9:30am Functional Fitness 9:30am- 3pm Free Play 3-5:30pm WCMS Basketball 5pm-8pm              | 6am-<br>9:30am<br>Free Play<br>9:45-10:30am<br>Cardio Core                          | CLOS<br>FOI           | SED<br>R           | 8am-5pm                                      | 12pm-5pm               | 7 AM<br>8 AM<br>9 AM<br>10 AM<br>11 AM<br>12 PM<br>1 PM<br>2 PM<br>3 PM<br>4 PM<br>5 PM         | 6am-3pm<br>Free Play  3-5:30pm WCMS Basketball 5pm-8pm                | 6am-3pm<br>Free Play  3-5:30pm WCMS Basketball 5pm-8pm                | 6am-5pm<br>Free Play<br>5pm-8pm                           | CLOS<br>FO           | SED<br>R | 8am-5pm<br>Basketball<br>Free Play (all<br>ages)                        | 12pm-5pm<br>Basketball<br>Free Play (all |
| 7 AM<br>8 AM<br>9 AM<br>10 AM<br>11 AM<br>12 PM<br>1 PM<br>2 PM<br>3 PM<br>4 PM<br>5 PM<br>6 PM | 6am-8am Free Play  8:30-9:15am Cardio Sculpt  10:13-11am Zumba 11-11:45am Cardio Core  12-3pm Free Play  3-5:30pm WCMS Basketball  5pm-8pm Volleyball | 6am-8am Free Play 8:30-9:30am Functional Fitness  9:30am- 3pm Free Play  3-5:30pm WCMS Basketball 5pm-8pm Volleyball | 6am-<br>9:30am<br>Free Play<br>9:45-10:30am<br>Cardio Core<br>11am-5pm<br>Free Play | CLOS<br>FOI           | SED<br>R           | 8am-5pm<br>Free Play                         | 12pm-5pm               | 7 AM<br>8 AM<br>9 AM<br>10 AM<br>11 AM<br>12 PM<br>1 PM<br>2 PM<br>3 PM<br>4 PM<br>5 PM<br>6 PM | 6am-3pm<br>Free Play  3-5:30pm WCMS Basketball 5pm-8pm Volleyball     | 6am-3pm<br>Free Play  3-5:30pm WCMS Basketball 5pm-8pm Volleyball     | 6am-5pm<br>Free Play<br>5pm-8pm<br>Open Gym               | CLOS<br>FO           | SED<br>R | 8am-5pm<br>Basketball<br>Free Play (all<br>ages)<br>5pm-8pm<br>Open Gym | 12pm-5pm<br>Basketball<br>Free Play (all |
| 7 AM<br>8 AM<br>9 AM<br>10 AM<br>11 AM<br>12 PM<br>1 PM<br>2 PM<br>3 PM<br>4 PM<br>5 PM         | 6am-8am Free Play 8:30-9:15am Cardio Sculpt 10:15-11am Zumba 11-11:45am Cardio Core 12-3pm Free Play 3-5:30pm WCMS Basketball 5pm-8pm                 | 6am-8am Free Play 8:30-9:30am Functional Fitness 9:30am- 3pm Free Play 3-5:30pm WCMS Basketball 5pm-8pm              | 9:30am Free Play 9:45-10:30am Cardio Core 11am-5pm Free Play 5pm-8pm Free Play      | CLOS<br>FOI<br>THANKS | SED<br>R<br>GIVING | 8am-5pm<br>Free Play<br>5pm-8pm<br>Free Play | 12pm-5pm<br>Free Play  | 7 AM<br>8 AM<br>9 AM<br>10 AM<br>11 AM<br>12 PM<br>1 PM<br>2 PM<br>3 PM<br>4 PM<br>5 PM         | 6am-3pm Free Play  3-5:30pm WCMS Basketball 5pm-8pm Volleyball League | 6am-3pm Free Play  3-5:30pm WCMS Basketball 5pm-8pm Volleyball League | 6am-5pm<br>Free Play<br>5pm-8pm<br>Open Gym<br>Basketball | CLOS<br>FO<br>THANKS | SED<br>R | 8am-5pm<br>Basketball<br>Free Play (all<br>ages)                        | 12pm-5pm<br>Basketball<br>Free Play (all |

Watauga Community Recreation Center (WCRC)

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